

Patient's Name: _____

Michael A. Ruchim, M.D.
680 N. Lake Shore Dr. – Suite 118
Chicago, IL 60611
(312) 503-6000

UPPER ENDOSCOPY (EGD) INSTRUCTIONS

DATE OF TEST: _____ TIME: _____ a.m. / p.m.
(ARRIVE 30-45 MINUTES BEFORE YOUR SCHEDULED APPOINTMENT)

LOCATION: Northwestern Memorial Hospital G.I. Lab – 4th Floor Galter Pavilion
675 N. St. Clair - Chicago, IL 60611

IN PREPARATION FOR THE PROCEDURE

- Fill out the **GI LAB QUESTIONNAIRE** and **PATIENT MEDICATION LIST** (*enclosed*).
- For 5 days prior to the procedure, **DO NOT TAKE** any **ASPIRIN**, **PLAVIX** or any other anti-inflammatory medications, such as **MOTRIN**, **ALEVE**, **ADVIL** or **IBUPROFIN**.
- If you take **COUMADIN/WARFARIN**, contact your Primary Care Physician so he/she can advise you when to stop taking it prior to the test.
- If you are on **INSULIN**, contact your Primary Care Physician regarding dosage adjustment.
- All medications **NOT LISTED ABOVE** may be taken normally as directed.

THE DAY BEFORE THE PROCEDURE

You must not have ANYTHING BY MOUTH after midnight. However, if your procedure is scheduled after 1:00 p.m. you may have a clear liquid breakfast **BEFORE 9:00 a.m.** This includes Apple Juice, Cranberry Juice, White Grape Juice, Black Coffee or Tea, Chicken or Beef Broth, Popsicles®, Jell-O®, Gatorade® or Soda Pop. You **MAY NOT** have Sherbet, Ice Cream, Milk or Milk Products or Orange Juice.

THE DAY OF THE PROCEDURE

Bring the completed **GI LAB QUESTIONNAIRE** and **PATIENT MEDICATION LIST** (*enclosed*) with you to registration.

You **MUST** be accompanied by a friend or relative to drive and/or assist you home. Walking, taxi or public transportation is not allowed unless you have another adult with you. This is strict hospital policy and **failure to comply will result in cancellation of the procedure.** If you are unable to arrange for an adult to accompany you, you may call the hospital at (312) 926-7614 to discuss transportation options. This **MUST** be coordinated prior to the date of the test.

*****If you must cancel or reschedule your appointment, please give 72-HOUR NOTICE to our office at (312) 503-6000.*****

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If you have any questions regarding the preparation, please contact Dr. Ruchim at (312) 503-6000.

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Please contact **Northwestern Patient Accounts** at (312) 926-3642 (card enclosed) you have any billing or insurance questions.