

Patient's Name: _____

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UPPER ENDOSCOPY (EGD) INSTRUCTIONS

DATE OF TEST: _____ TIME: _____ a.m. / p.m.
(ARRIVE 30-45 MINUTES BEFORE YOUR SCHEDULED APPOINTMENT)

LOCATION: Northwestern Memorial Hospital G.I. Lab – 4th Floor Galter Pavilion
675 N. St. Clair - Chicago, IL 60611

IN PREPARATION FOR THE PROCEDURE

- Fill out the **GI LAB QUESTIONNAIRE** and **PATIENT MEDICATION LIST** (*enclosed*).
- For 5 days prior to the procedure, **DO NOT TAKE** any **ASPIRIN**, **PLAVIX** or any other anti-inflammatory medications, such as **MOTRIN**, **ALEVE**, **ADVIL** or **IBUPROFIN**.
- If you take **COUMADIN/WARFARIN**, contact your Primary Care Physician so he/she can advise you when to stop taking it prior to the test.
- If you are on **INSULIN**, contact your Primary Care Physician regarding dosage adjustment.
- All medications **NOT LISTED ABOVE** may be taken normally as directed.

THE DAY BEFORE THE PROCEDURE

You must not have ANYTHING BY MOUTH after midnight. However, if your procedure is scheduled after 1:00 p.m. you may have a clear liquid breakfast **BEFORE 9:00 a.m.** This includes Apple Juice, Cranberry Juice, White Grape Juice, Black Coffee or Tea, Chicken or Beef Broth, Popsicles®, Jell-O®, Gatorade® or Soda Pop. You **MAY NOT** have Sherbet, Ice Cream, Milk or Milk Products or Orange Juice.

THE DAY OF THE PROCEDURE

Bring the completed **GI LAB QUESTIONNAIRE** and **PATIENT MEDICATION LIST** (*enclosed*) with you to registration.

You **MUST** be accompanied by a friend or relative to drive and/or assist you home. Walking, taxi or public transportation is not allowed unless you have another adult with you. This is strict hospital policy and failure to comply will result in cancellation of the procedure. If you are unable to arrange for an adult to accompany you, you may call the hospital at (312) 926-7614 to discuss transportation options. This **MUST** be coordinated prior to the date of the test.

*****If you must cancel or reschedule your appointment, please give 72-HOUR NOTICE to our office at (312) 503-6000.*****

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If you have any questions regarding the preparation, please contact Dr. Ruchim at (312) 503-6000.

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Please contact **Northwestern Patient Accounts** at (312) 926-3642 (card enclosed) you have any billing or insurance questions.